

## Methods in Biomechanics - Kinemetry

### Opto-electronic motion analysis systems

#### Active and passive markers

Passive: Retroreflective material (3M Scotch®); reflect light into the direction, where it originates from; Problem with hidden markers

Active: Time multiplexed LEDs -> not simultaneous



## Methods in Biomechanics - Kinemetry

### Opto-electronic motion analysis systems

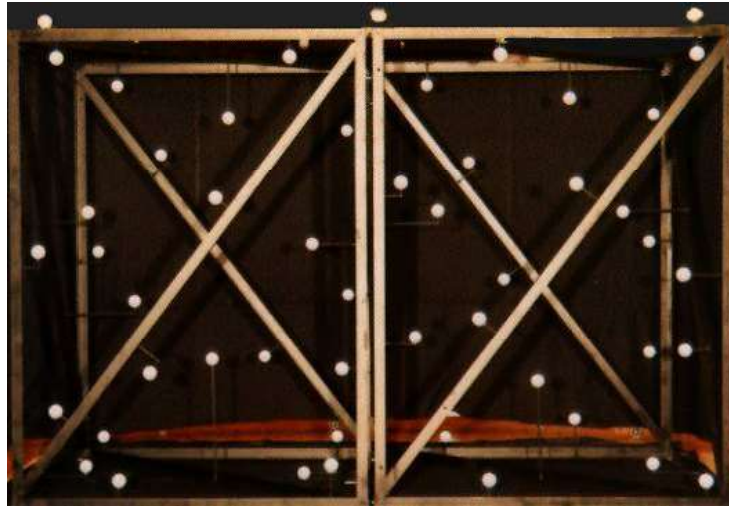
#### Calibration

Recording of a calibration object

E.g.: Direct linear transformation (DLT) technique

After calibration: Do not change camera settings

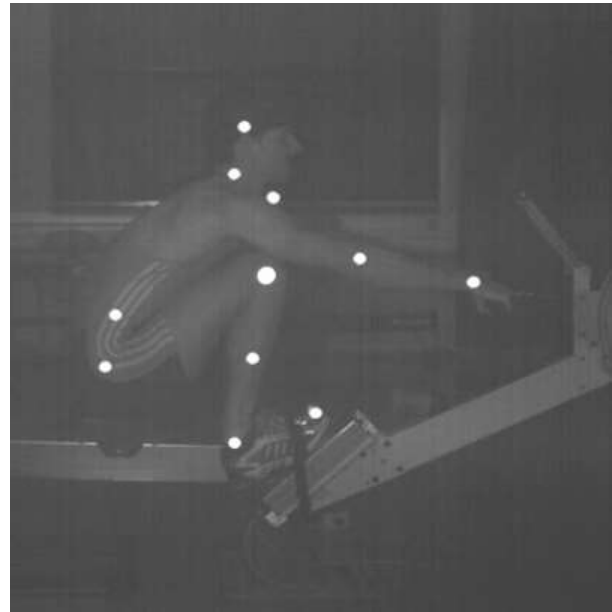
## Calibration frame



## Calibration – “magic wand”



## Subject with markers



## 3D analysis of maximum forehand strokes under fatiguing conditions

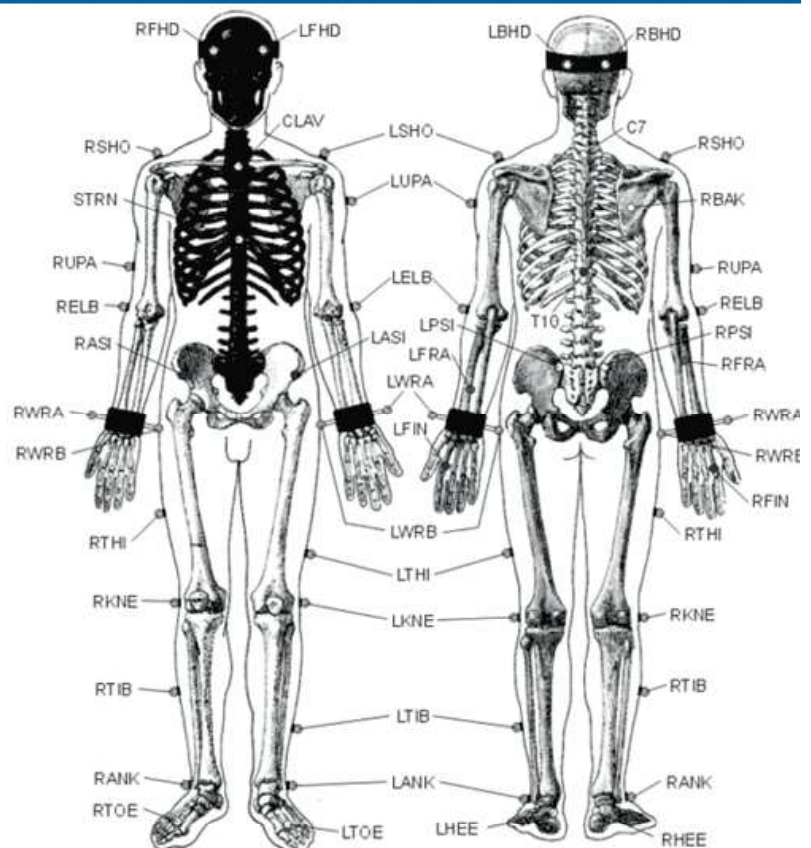


## Marker points on body segments – „Marker Sets“

Based on standardized protocols for positioning markers

Examples: Plug-in-Gait, Helen-Hayes

## Plug-in-Gait Marker Placement







Start



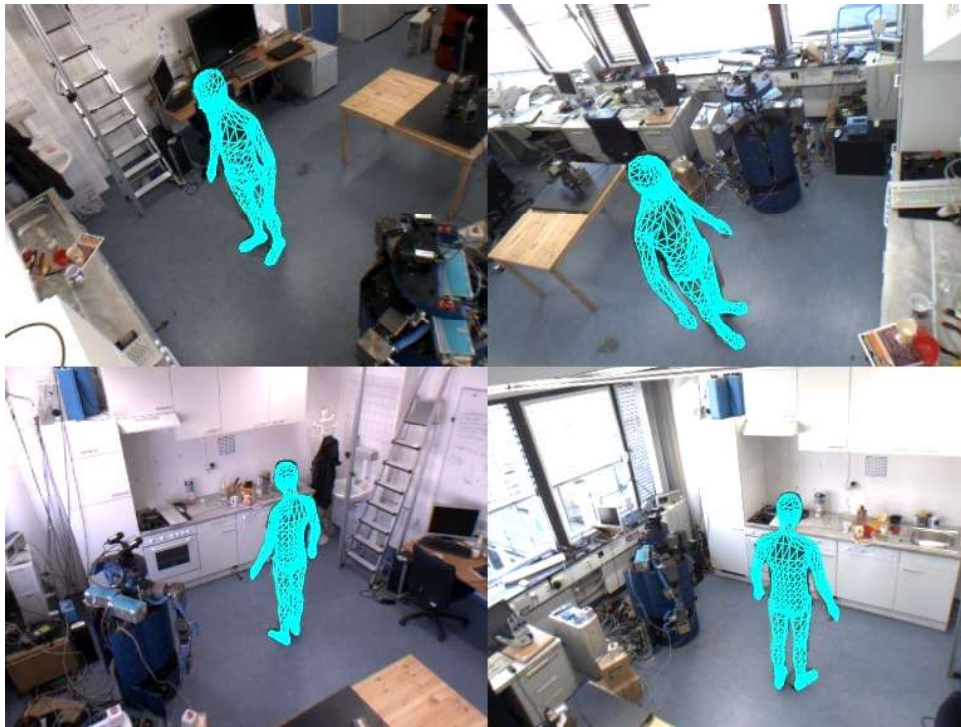
## Methods in Biomechanics - Kinemetry

### Opto-electronic motion analysis systems

#### Video-based off-line systems

- Are based on digital video
- Principles of marker recognition and tracking as in real-time systems
- Better options for operator to intervene

## Markerless Systems



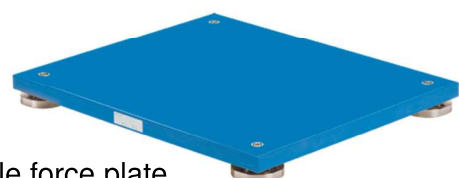
## Methods in Biomechanics - Dynamometry

### Force plates

Typical Measuring Chains

Force plate with charge amplifier Type 9281EA	Connection cable Type 1759A...	DAQ system (USB 2.0) Type 5691A1	Laptop (provided by user) with BioWare software

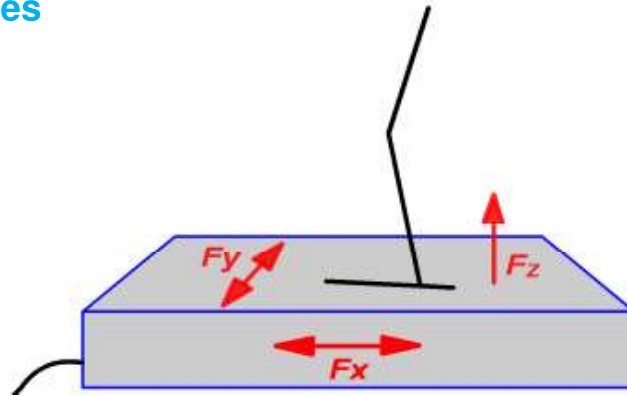
Fig. 10: Configuration of a typical measuring chain with Kistler DAQ system BioWare®



Portable force plate

## Methods in Biomechanics - Dynamometry

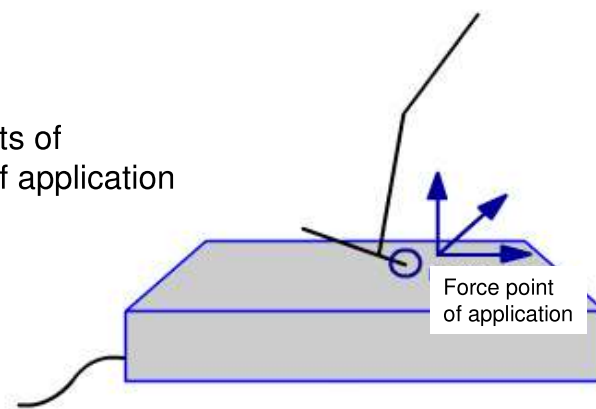
### Force plates



Charge amplifier

Forces in 3 dimensions

2 components of  
force point of application

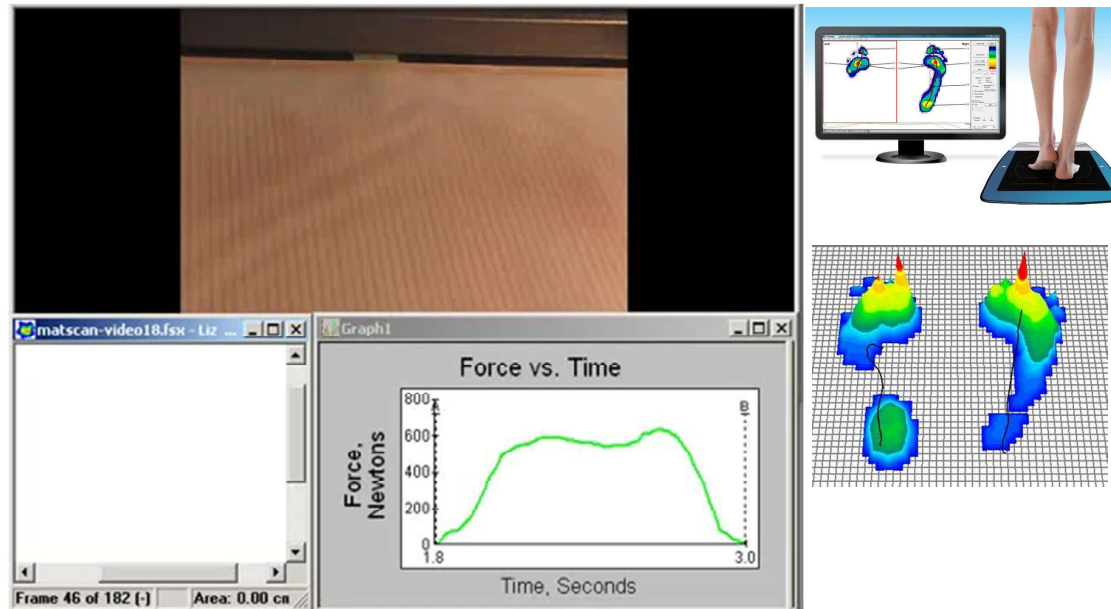


Charge amplifier

Force plate

## Methods in Biomechanics - Dynamometry

### Pressure distribution



## Methods in Biomechanics - Electromyography

### Methods for estimating muscle activity

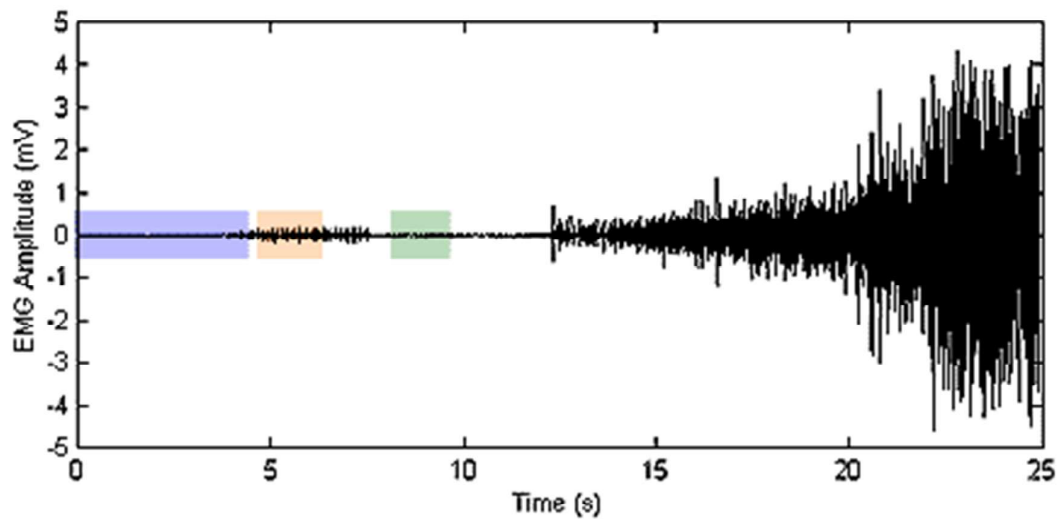


Delsys





## Methods in Biomechanics - Electromyography



Contraction of a muscle (0 to 100% MVC)

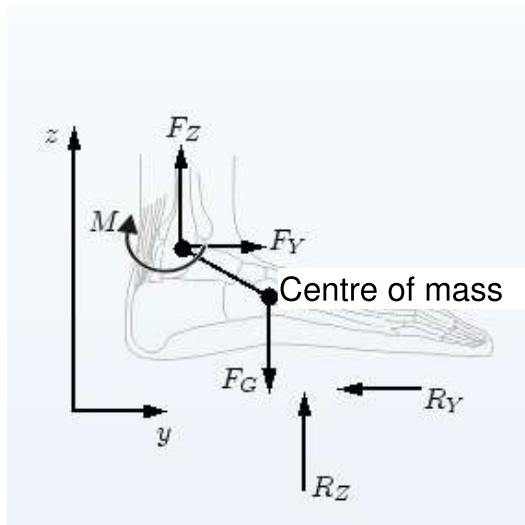
([www.delsys.com](http://www.delsys.com))

## Methods in Biomechanics - Electromyography

- Temporal activation pattern (start and end of activity) of a muscle,
- Contribution / non-contribution of a specific muscle to a motion,
- Timely coordination of muscles (intermuscular coordination; timing or sequencing),
- Antagonistic / synergistic muscle activities.

## Inverse dynamics

### Inverse dynamics

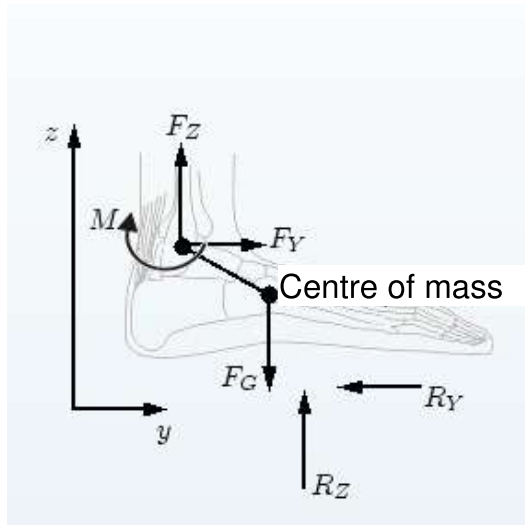


$R_Y, R_Z...$  Ground reaction force

$F_G...$  Weight of foot

$M...$  Net muscle moment

## Inverse dynamics



$R_Y, R_Z...$  Ground reaction force

$F_G...$  Weight of foot

$M...$  Net muscle moment

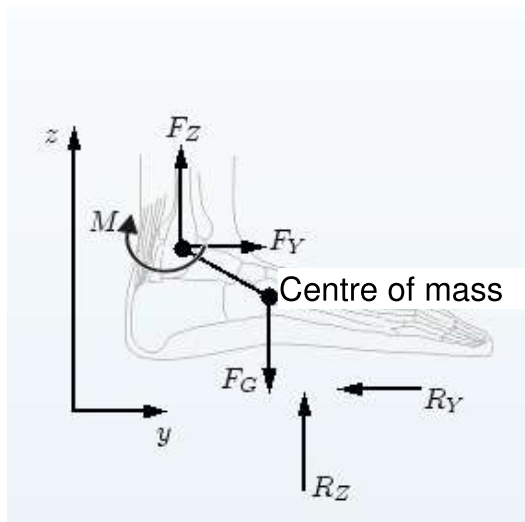
$m...$  mass of foot

$a_y, a_z...$  acceleration of  
center of mass (foot) in  
y- and z-direction

$$m a_Y = F_Y - R_Y \Rightarrow F_Y = m a_Y + R_Y$$

$$m a_Z = F_Z - F_G + R_Z \Rightarrow F_Z = m a_Z + F_G - R_Z$$

## Inverse dynamics



$R_Y, R_Z...$  Ground reaction force

$F_G...$  Weight of foot

$M...$  Net muscle moment

$J...$  Moment of inertia w.r.t.  
normal axis passing  
through center of mass

$M_i...$  Moment of Force  $F_i$

$$J \alpha = M_{F_z} + M_{F_y} + M_{R_z} + M_{R_y} + M$$

$$M = J \alpha - M_{F_z} - M_{F_y} - M_{R_z} - M_{R_y}$$



## Biomechanics & Motion Analysis: Practical Issues

## Kinovea – open Source Video Analysis Software



### Installation Instructions (Windows only):

1. Use the following link to download **Kinovea 0.9.3 (beta)**:  
<https://kinovea.org/setup/kinovea.0.9.3/Kinovea-0.9.3-x64.exe>
2. Save the file on your local hard drive
3. Run the installer (double-click on that file) and follow the instructions on your screen
4. When asked for installing **.NET platform 4.8** agree and wait until the complete installation routine has finished
5. Now you can try to run Kinovea using the link on the Desktop

<http://www.kinovea.org>